

## WEEK TWO

|  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   | Sunday   |
|--|--|---|--|---|--|--|--|
| <b>Breakfast</b>                                   | Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast | Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast Pancakes | Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast | Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast Poached Eggs & Bacon | Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast | Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast | Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast |
| <b>Morning Tea</b>                                 |  |   |  |   |  |  |  |
| <b>Lunch</b>                                       |  |   |  |   |  |  |  |
| <b>Main course</b>                                 |  |   |  |   |  |  |  |
| - Option one                                       | Beef Casserole   | Crumbed Cutlets or Sausages   | Roast Lamb & Gravy   | Corned Silverside   | Crumbed Fish   | Chicken Pie  | Roast Pork Gravy & Apple Sauce.                                |
| - Option two                                       | Calamari   | Lasagne   | Pork Schnitzel   | Sausages  | Chicken Thighs   | Sausages   | Braised Chops  |
| <b>Vegetables</b>                                  | Rosemary & Garlic Potato, Corn & Peas                          | Mashed Potato, Carrot rings & Peas                                      | Roast Potato, Roast Pumpkin & Peas                             | Steamed Potato, Beans, & Cabbage and Bacon  | Chips, Mashed Pumpkin & Broccoli                               | Mashed Potato, Beans, Mashed Carrots & Parsnip                 | Roast Potato, Roast Pumpkin & Silver beet                      |
| <b>Desert</b>                                      | Fruit & Custard  | Creamed Sago  | Butterscotch Pudding & Cream                                   | Bread & Butter Pudding  | Panna Cotta & Berries  | Layered Jelly & Cream  | Mousse & Fruit   |
| <b>Afternoon tea</b>                               | Happy hour. Cut up fruit                                       | Grilled Hot Dogs & Cheese Rolls   | Happy hour. Cut up fruit                                       | Devonshire Tea  | Happy hour. Cut up fruit                                       | Assorted cakes & biscuits                                      | Assorted cakes & biscuits                                      |
| <b>Dinner</b>                                      |  |   |  |   |  |  |  |
| <b>Soup</b>  | Curried Lentil   | Potato & Leek   | Pea & Ham  | Pumpkin   | Chicken Sweetcorn  | Lamb & Vegetable   | Cauliflower  |
| <b>Main course</b>                                 |  |   |  |   |  |  |  |
| - Option one                                       | Pesto Pasta  | Chicken Balls in Sweet & Sour Sauce                                     | Chicken Satay & Rice   | Salmon Mornay & Pasta   | Cold Meat & Salad  | Vegetable Patties & Salad                                      | Sausages & Gravy & Mashed Potato & Onion                       |
| - Option two                                       | Scrambled Eggs on Toast  | Sandwiches  | Scrambled Eggs on Toast  | Baked Beans   | Sandwiches   | Sandwiches   | Sandwiches   |
| <b>Supper</b>                                      | Fresh Fruit & Assorted Sandwiches                              |   |  |   |  |  |  |
| <b>Menus are subject to change on short notice</b> |  |   |  |   |  |  |  |