

WEEK THREE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast	Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast Pancakes	Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast	Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast Poached Eggs & Bacon	Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast	Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast	Orange Juice, Tea or Coffee Assorted Cereals, Porridge & Toast
Morning Tea							
Lunch							
Main course							
- Option one	Sweet & Sour Chicken	Crumbed Cutlets (K&G Sausages)	Tortellini Carbonara	Char Sui Pork	Battered Fish	Meatleaf & BBQ Sauce	Roast Chicken & Gravy
- Option two	Braised Chops	Quiche	Crumbed Fish	Sausages & Mash	Chicken Thighs	Sausages	Quiche
Vegetables	Rice, Broccoli & Corn	Mashed Potato, Carrot Rings & Peas	Rosemary & Garlic Potato, Cauliflower with White Sauce & Beans	Roast Potato, Roast Pumpkin & Peas	Chips, Carrot Rings & Baked Pumpkin	Mashed Potato, Cabbage & Peas	Roast Potato, Roast Pumpkin & Beans
Desert	Golden Syrup Dumplings	Panna Cotta with Berries	Apple Crumble & Cream	Bread & Butter Pudding	Creamed Rice & Prunes	Layered Jelly	Pavlova & Fruit
Afternoon tea	Happy hour. Cut up fruit	Grilled Hot Dogs & Cheese Rolls	Happy hour. Cut up fruit	Devonshire Tea	Happy hour. Cut up fruit	Assorted cakes & biscuits	Assorted cakes & biscuits
Dinner							
Soup	Potato & Leek	French Onion	Crème of Chicken	Pumpkin	Vegetable	Lamb & Vegetable	Tomato
Main course							
- Option one	Macaroni Cheese	Sausage Rolls & Salad	Salmon Croquettes	Pork & Beef Meatballs & Pasta	Beef Stroganoff & Rice	Ham & Pineapple Pizza & Salad	Meat Pie & Sliced Tomato
- Option two	Scrambled Eggs on Toast	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Supper	Fresh Fruit & Assorted Sandwiches						
Menus are subject to change on short notice							